





A soundtrack composed by Björk
for *Drawing Restraint 9*, a film
by Matthew Barney.

1. gratitude

Vocal: Will Oldham.
Celeste: Jónas Sen.
Harp: Zeena Parkins.

Programming: Valgeir Sigurðsson, Björk.

Keyboard: Nico Muhly.

Arranging & editing: Björk.

Written by Björk and Matthew Barney.

Produced by Björk.

2. pearl

Sho: Mayumi Miyata. Throat singing: Tagaq.

Arranging, editing & programming: Björk.

Written & produced by Björk.

3. ambergris march

Harpsichord: Guðrún Óskarsdóttir.

Crotales, glockenspiel: Samuel Solomon.

Beat programming: Mark Bell, Valgeir Sigurðsson, Björk.

Arranging & editing: Björk. Written by Björk.

Produced by Björk, Mark Bell & Valgeir Sigurðsson.

4. bath

Vocal: Björk. Piano treatments: Akira Rabelais.

Arranging & editing: Björk.

Written by Björk & Akira Rabelais. Produced by Björk.

5. hunter vessel

Percussion: Samuel Solomon.

Programming, keyboards: Valgeir Sigurðsson.

Brass & woodwind arrangement: Björk.

Written & produced by Björk.



6. shimenawa

Sho: Mayumi Miyata.

Harp: Zeena Parkins, Björk.

Arranging, programming &
editing: Björk.

Written & produced by Björk.

7. vessel shimenawa

Programming, keyboards:

Valgeir Sigurðsson

Brass arrangement: Björk

Written & produced by Björk

8. storm

Vocal: Björk. Programming: Leila.

Arranging & editing: Björk.

Written by Björk & Leila. Produced by Björk.

9. holographic entryptpoint

Noh score and voice performance: Shiro Nomura.

Percussion, chanting: Shonosuke Okura.

Written by Matthew Barney.

Produced by Björk.

10. cetacea

Celeste: Jónas Sen. Harp: Zeena Parkins.

Crotales: Samuel Solomon.

Percussion, chanting: Shonosuke Okura.

Programming: Björk, Valgeir Sigurðsson.

Arranging & editing: Björk. Music by Björk.

Words written by Björk & Matthew Barney.

Produced by Björk.

11. antarctic return

Sho: Mayumi Miyata.

Written & produced by Björk.

gratitude

July 13, 1946

Dear General MacArthur,

With your permission
I offer wishes of good health,
During this heat
That burns anything.

*The words I slowly put together
Do not flow easily, they only fill my heart*

Recently, fulfilling
Your heart's desire
You removed the whaling
Moratorium.
Your gesture brings
A much needed food
To our community
And families,

*The words I slowly put together
Do not flow easily, they only fill my heart*

A million year old fossil
I send to you.
This comes from my family
And the ancient sea.
A prehistoric impression
Of the modern krill,
She feeds the noble whale,
And offers you longevity

*The words I slowly put together
Do not flow easily, they only fill my heart*

Finally, please take good care in the heat.

Sincerely yours,
Shizuka



holographic entrypoint

Vessel, host, occidental guests,
Figure and field, both, carrier, carried.
Holographic paradigm,
The whole in every part.

Warm, viscous body, cooling
In marine air embrace.
Curing, skinning over
A still molten core.

Vessel, host, occidental guests,
Skin seascape in suspension.
Holographic entrypoint,
Each part reflects the whole.

Skin slit, consensual knife,
She cuts his figure, he flenses her field.
External resistance freeing,
Internal relation emerging.

Vessel, host, occidental guests,
To pattern, comes blood, giving form.
Holographic condition,
The whole in every part

Warm blood, terrestrial guests,
Take to the southern sea, breathing.
Antarctic host and vessel, proud,
Cetacean guests returning.

Choir children on track 1: Mai Kamio,
Alisa Kikuchi, Eleanor Miceli, Taro Miceli, Moe Sakurai,
Shogo Senda, Raku Shigematsu, Henry Takizawa,
Merrill Takizawa, Shuhei Yamaguchi.

Brass & woodwind on track 5 and 7:
Trombone: Bruce Eidem, Dan Levine, Dean Plank,
Chris Washburn, Sigurður S. Þorbergsson.
Trumpet: Eiríkur Örn Pálsson, Ásgeir H. Steingrímsson,
Einar St. Jónsson. Horn: Emil Friðfinnson.
Contrabass trombone: David Bobroff.
Oboe: Alexandra Knoll, Kathy Halvorson, Winnie Lai,
Scott Bartucca, James Button,
Christopher Gaudi.

Recorded and engineered by Valgeir Sigurðsson.
Mixed by Paul P-Dub Walton.

Cetacea mixed by Paul P-Dub Walton, Björk
& Valgeir Sigurðsson.

Kuniyoshi Ueda: Noh translation and arrangements.
Marcus Grandon: assistance to Mr. Ueda.
Yuji Arai: Session co-ordination for Mayumi Miyata.

Nico Muhly: Score preparation and conducting.
Clarice Jensen: Project co-ordination and assistance.

Assistance with the Noh sessions:
Tom Hare, Princeton University
Robert Garfias, University of California, Irvine
Paul Fisher & Yuki Kishi, Farside Music
Ichiho Nishiki

Recorded at:
Woods Road Studio, New York
Looking Glass, New York
Greenhouse Studios, Reykjavik
Bi-Coastal Music, New York
Olympic Studios, London
Victor Aoyama Studio, Tokyo

Tokyo Noh sessions:
Engineer: Takahiro Uchida.

Assistant engineers: Ichiho Nishiki, Sturla Þórisson,
Tom Webster, Miyuki Umeda.

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www.bjork.com

Drawing Restraint 9:

Written and directed by Matthew Barney
Produced by Barbara Gladstone and Matthew Barney
Director of photography: Peter Strietmann
Associate producer: Mike Bellon
Production design: Matt Ryle
Special makeup effects: Gabe Bartalos
Special digital effects: Mantron Corp.
Lighting design: Chris Winget
Post production supervisor: Christopher Seguire
Beauty makeup: Isao Tsuge
Costume design execution: Michiru Murakami

www.drawingrestraint.net

All photography Chris Winget, © Matthew Barney 2005
Design: Matthew Barney, Tony Morgan
Design assistance: Alex Lee, Luis Alvarez y Alvarez,
Keith Riley



